

Becton Women's Clinic

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Note: Becton Women's Clinic is NOT responsible for anyone taking any of these medicines while pregnant. Each pregnancy is different and you should consult your own doctor about the safety of these medications during your own pregnancy. Dr. Becton explicitly suggests that if you have any medical conditions or problems with your pregnancy that you seek professional guidance and help PRIOR to taking ANY MEDICINE while pregnant. THE USE OF THIS LIST IS AT YOUR OWN RISK!!!

Medications that are safe during pregnancy:

- Tylenol (regular, extra-strength, and cold/sinus)
- Robitussin-Plain
- Sudafed-Plain
- Cough drops
- Throat sprays
- Nasal sprays
- Benadryl
- Claritin
- Tums
- Roloids
- Pepcid AC
- Stool softeners and fiber supplements
- Benadryl and Hydrocortisone creams
- Mylanta
- Maalox
- Milk of Magnesia
- Folic Acid
- Prenatal Vitamins
- Monistat

**DO NOT TAKE ANY OTHER MEDICATION WITHOUT
DISCUSSING WITH
DR. BECTON OR YOUR OWN DOCTOR!!!**

Follow all directions included with medicine!

DO NOT TAKE OTHER THAN DIRECTED!

NO IBUPROFEN, ASPIRIN or PEPTO BISMOL!!